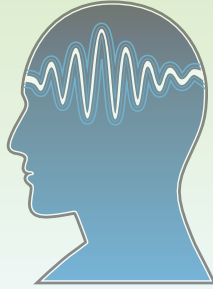


The Benefits of Neurofeedback

- ✓ Non-invasive
- ✓ No Drugs
- ✓ Enjoyable
- ✓ Cost-effective
- ✓ Only 30 Minutes
- ✓ Often Permanent



What if you could eliminate or reduce chronic neurological conditions just by watching a movie or listening to music?

That may sound too good to be true, But this amazing technology works by re-aligning brainwaves while you are engaged in a movie or music. Decades of research have shown that properly aligned brainwaves can positively affect the way our body functions.

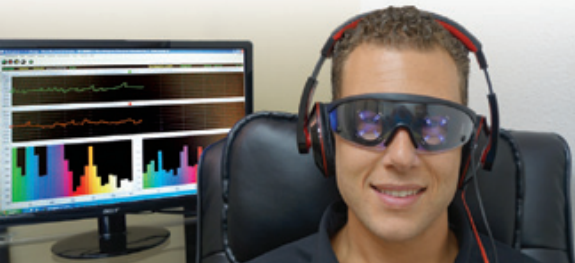
Neurofeedback is yielding positive results for many people with debilitating neurological conditions. People of all ages can see dramatic improvement in conditions like **ADHD, Depression, Anxiety, Brain Injury, Migraines, Seizures, Chronic Pain, Addiction** and more.

How Does Neurofeedback Help Me?

Neurofeedback does not target any specific conditions. Instead it realigns brainwaves, which changes timing and activation patterns in the brain. The result is better brain function, which can improve or eliminate symptoms.

Decades of Research

Neurofeedback has over 50 years of positive case studies and scientific publications and is currently used by thousands of licensed health professionals around the world. **It could be the most important new tool for mental and neurological health available today.**



Lorna Riley, CSP

"The most inexpensive therapy is the one that works!"

"Over the past nine years, I've tried just about every protocol offered to relieve the symptoms of chronic fatigue syndrome and fibromyalgia; medications, up to 90 different supplements a day, acupuncture, three months of nothing but water, sprouts, seeds, and wheat grass, detox cleansing diets, meditation, yoga, exercise, chi gong... the list is endless.

While some attempts were more helpful than others, Neurointegration Therapy has been by far the most effective. Not only did it reduce my pain by 95%, but it restored my sunny disposition so that I could actually enjoy life once again. For the first time in nine years, I was being pulled out of the darkness and into wellness."



Julie Perry Nelson
Loveland, Colorado

"My whole life I have suffered from sleep issues. Awake at 5 am, I could never get those extra few hours I so desperately needed. What a difference neurofeedback has made. It only took 3 sessions for me to start sleeping longer. Now I get more out of my day because I am not as tired. Neurofeedback is very much worth it!"

"When your brain works, your body responds!"

(952) 681-2916

NSIPM / Sano Wellness Clinic

www.sanowc.com

info@sanowc.com

20520 Keokuk Ave, Suite 100

Lakeville, MN 55044



Have You Heard About Neurofeedback?

A breakthrough non-invasive technology that can eliminate or improve these conditions:

- ADHD
- ANXIETY
- BRAIN INJURY
- DEPRESSION
- FIBROMYALGIA
- LYME DISEASE
- MIGRAINES
- PTSD / STRESS
- SUBSTANCE ABUSE
- ADDICTION
- AUTISM
- CHRONIC FATIGUE
- EPILEPSY / SEIZURES
- INSOMNIA
- MEMORY LOSS
- OBSESSIVE / OCD
- STROKE
- AND MORE!



How Does It Work?

The Brain Map

How Do We Determine Your Condition?

The heart of this process is our brain mapping system, which allows us to image the brain in real time. The brain map is an important tool we use to evaluate your brainwaves and identify opportunities to improve communication between various regions of the brain.

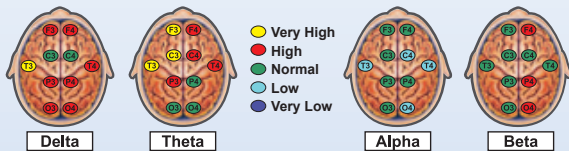
The brain map is able to capture a window of brain activity, analyze the data and create a visual representation for each lobe of the brain and each specific brainwave (Beta, Alpha, Theta and Delta).

Get A Customized Report On Your Brain Health

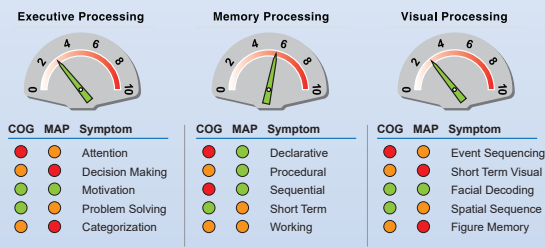
Our detailed brain map report identifies unhealthy brainwave patterns and connectivity issues in an easy to read format. It also shows the training protocols needed to improve or eliminate your symptoms using neurofeedback.

Sample Brain Map Page

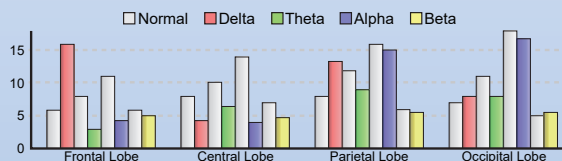
Visual Analysis of Brainwaves for Each Lobe



Visual Analysis of the Major Functions of the Brain



Midline Analysis of Your Brainwaves Compared To Normal Ones



1. Run A Brain Map



The first step is to record an image of the brain. This noninvasive process involves recording your brain waves for six minutes with eyes open and six more minutes with eyes closed.

2. Analyze Results Instantly

Your EEG recording is uploaded to a database and compared to similar individuals with healthy brain activity. Cognitive and emotional issues are identified, as well as irregular brainwave patterns. Customized training protocols show what areas of the brain to focus on and train into healthy patterns.

3. Correct Brain Imbalances



Training sessions are 30 minutes and pleasant. You watch a movie or listen to music of your choice while wearing our photic light glasses. The computer monitors brainwaves and gently guides brainwaves

into healthy patterns. The average number of sessions are around 20 – 40, usually 1 - 3 times a week. Results are often permanent and no further training is needed.

The Brain Is A Learning Machine

Research and clinical studies show that many cognitive situations unresponsive to medication or psychotherapy can be resolved with neurofeedback in 20-40 sessions. Some chronic disorders spanning many years, including those complicated by substance abuse, can show improvement after just one session!

Neurological behaviors are the result of the energy in our brains: excess Beta can produce anxiety, too much frontal Alpha can result in depression, and elevated Theta can produce ADD. Re-training brainwaves allows the central nervous system to learn how to self-regulate, directing it away from debilitating, painful, destructive disorders.

Disclaimer: This product is not intended to diagnose, treat, cure or prevent any disease.



Here Is What You Get:

- ✓ A QEEG brain map that can identify the problem areas in your brain
- ✓ A comprehensive explanation of the results and how to correct the problem areas
- ✓ Neurofeedback sessions w/ photic glasses
- ✓ A follow-up evaluation after all sessions have been completed
- ✓ A final brain map (if needed)

Come in and get a non-invasive brain map to precisely determine the problem areas of your brain. The doctor will provide a plan for care based on these findings so you can determine if our program is right for you.

CALL TODAY! (952) 681-2916

or visit www.sanowc.com

To schedule an appointment.

info@sanowc.com

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